Unhealthy

Count: 32 **Wall:** 2 **Level:** Novice

Choreographer: Betty Villard (FR), Jp Barrois (FR), Giuseppe Scaccianoce (IT) & Sébastien BONNIER (FR) - 23 May 2024

Music: UNHEALTHY (feat. Shania Twain) - Anne-Marie

Intro, 32 counts, 1 Tag
Before Intro : Start after 32 counts on introduction

INTRO start at 12.00
TAG start at 6.00 (Same Thing but the last section is modified to restart at 12.00

[1-8] DRAG DIAGONALY SLOWLY R&L
1-2 RF Right front diagonal, LF Begin Slide to RF (1.30)
3-4 LF continue Slide to RF, LF touch
5-6 LF Left front diagonal, RF Begin Slide to LF(10.30)
7-8 RF continue Slide to LF, RF touch (finish12.00)

[9-16] TWIST TURN 1/2 L SLOWLY
1-2 PD Cross Over, Hold
3-4 Hold, Hold
5-6 Begin 1/2 Turn L, Finish 1/2 TL (6.00)
7-8 Hold, Hold

[17-24] DRAG DIAGONALY SLOWLY R&L
1-2 RF Right front diagonal, LF Begin Slide to RF (7.30)
3-4 LF continue Slide to RF, LF touch
5-6 LF Left front diagonal, RF Begin Slide to LF(4.30)
7-8 RF continue Slide to LF, RF touch (finish 6.00)

[25-32] TWIST TURN 1/2 L SLOWLY
1-2 PD Cross Over, Hold
3-4 Hold, Hold
5-6 Begin 1/2 Turn L, Finish 1/2 TL (6.00)
7-8 RF Stomp with Clap, LF Stomp with Clap
« Tag same thing from 1 to 24 accounts except the last 4 accounts to restart at 12.00
[25-32] Full TWIST TURN L SLOWLY »
1-2 PD Cross Over, Hold
3-4 Hold, Hold
5-6 Begin Full Turn, Finish Full Turn (12.00)
7-8 RF Stomp with Clap, LF Stomp with Clap

Beginning 32 counts after dancing on the intro
[1-8] Triple diagonally Forward R&L, Stomp R&L, Toe Split
1&2 RF Right front diagonal, LF beside RF, RF Right diagonal(1.30)
3&4 LF Left front diagonal (10.30), RF beside LF, LF Left front diagonal (Finish face 12.00)
5-6 RF Stomp, LF Stomp
7&8 Point Outside, Point Inside , Point Outside

[9-16] Step Turn 1/2 L, Triple Turn 1/2 L, Scoot x2, Coaster Step
1-2 RF Forward, 1/2 Turn L with LF Forward (6.00)
3&4 1/4 TL with RF side R, LF beside RF, 1/4 TL with RF Backward(12.00)
&5&6 RF Jump Slide , RF Backward , LF Jump Slide , RF Backward
7&8 LF Backward, RF beside LF, LF Backward

[17-24] Heel Switches, Hook Combination & Flick, Drag Diagonaly, Chasse
1&2& RF Heel Forward, RF beside LF, LF Heel Forward, LF beside RF
3&4& RF Heel Forward, RF Hook, RF Heel Forward, RF Flick Backward
5-6 RF Big Step Diagonal L (10.30), LF Slide beside RF
7&8 1/8 TR with LF Side L, RF beside LF, LF Side L (12.00)

[25-32] Box Triple Turn 1/2 R, Drag Backward, Coaster Step
1&2 1/4 TR with RF Side R, LF beside RF, RF Side R (3.00)
3&4 1/4 TR with LF Side L, RF beside LF, LF Side L (6.00)
5-6 RF Big Step Backward, LF Slide beside RF
7&8 LF Backward, RF beside LF, LF Forward

Tag after the 3rd wall and Restart the dance from the beginning facing 12.00
(See Intro)