Train Wreck

Count: 48 **Wall:** 2 **Level:** High Improver

Choreographer: Niels Poulsen (DK) - August 2021

Music: Can't Let Go - Jill King : (iTunes etc.)

Intro: 48 counts intro. App. 17 secs. into the track. Start with weight on L foot

Tag: 16 counts. Described at bottom of page
Ending: Wall 10 is your last wall (starts at 6:00). Finish on count 43, facing 12:00

[1 - 8] Stomp R fwd, stomp L together, Monterey ¼ R, R heel hook
1 - 2 Stomp R fwd (1), stomp L next to R (2) 12:00
3 - 6 Point R to R side (3), turn ¼ R on L stepping R next to L (4), point L to L side (5), step L next to R (6) 3:00
7 - 8 Touch R heel fwd (7), hook R heel in front of L leg (8) 3:00

[9 - 16] Fwd tap, back kick, R back lock step, Hold
1 - 4 Step R fwd (1), tap L behind R (2), step back on L (3), kick R fwd (4) 3:00
5 - 8 Step back on R (5), lock L over R (6), step back on R (7), Hold (8) 3:00

[17 - 24] Back mambo ½ R, Hold, back mambo ¼ L, Hold
1 - 4 Rock back on L (1), recover on R (2), turn ½ R stepping back on L (3), Hold (4) 9:00
5 - 8 Rock back on R (5), recover on L (6), turn ¼ L stepping R to R side (7), Hold (8) 6:00

[25 - 32] L back rock side, Hold, R back rock side, Hold
1 - 4 Rock back on L (1), recover on R (2), step L a big step to L side (3), Hold (4) 6:00
5 - 8 Rock back on R (5), recover on L (6), step R a big step to R side (7), Hold (8) 6:00

[33 - 40] Behind side cross, sweep, weave, sweep
1 - 4 Cross L behind R (1), step R to R side (2), cross L over R (3), sweep R to R side (8) 6:00
5 - 8 Cross R over L (5), step L to L side (6), cross R behind L (7), sweep L to L side (8) 6:00

[41 - 48] Behind side fwd, Hold, R rocking chair
1 - 4 Cross L behind R (1), step R to R side (2), step L fwd (3), Hold (4) 6:00
5 - 8 Rock fwd on R (5), recover back on L (6), rock back on R (7), recover fwd onto L again (8) 6:00

Start Again

Tag: 16 counts. It comes 3 times. After walls 1, 3 and 7. Each time facing 6:00
[1 - 8] R heel grind ¼ R, R back rock. Repeat these 4 counts
1 - 4 Touch R heel fwd (1), grind R heel ¼ R stepping L to L side (2), rock back on R (3), recover on L (4) 9:00
5 - 8 Repeat counts 1-4 12:00

[9 - 16] R step lock step, Hold, step turn step, Hold
1 - 4 Step R fwd (1), lock L behind R (2), step R fwd (3), Hold (4) 12:00
5 - 8 Step L fwd (5), turn ½ R onto R (6), step L fwd (7), Hold (8) 6:00