Ready For It (This Is It)

Count: 48 **Wall:** 2 **Level:** Improver

Choreographer: Evan VanScoyk (USA) - September 2022

Music: This Is It - Oh The Larceny

No tags, no restarts
Alt song option: Honky-Tonk Josiah Siska
Dance begins on lyrics (after 16 counts)

HOP HOLD SHAKE/SWIVEL X2 (FWD-BACK)
1 2 Hop fwd (1), Hold (2)
3 4 Freestyle Shake or Swivel (3-4)
5 6 Hop back (5), Hold (6)
7 8 Freestyle Shake or Swivel (7-8)
[Styling: Add your own flair, suggest to Booty Shake or Hip Roll on odd walls and Swivel heels and toes on even walls to match the music]

TOE TAPS SAILOR X2 (R-L)
1 2 Tap R toe fwd (1), Tap R toe side (2)
3&4 Step R behind (3), Step L to left (&), Step R to right (4)
5 6 Tap L toe fwd (5), Tap L toe to left (6)
7&8 Step L behind (7), Step R to right (&), Step L to left (8)

TOE TOUCH ¼ KICK COASTER X2 (R-L)
1 2 Touch R toe inwards fwd (1), Turn ¼ right while kick R (2)
3&4 Step R back (3), Step L back (&), Step R fwd (4)
5 6 Touch L toe inwards fwd (5), Turn ¼ left while kick L (6)
7&8 Step L back (7), Step R back (&), Step L fwd (8)

R ROCKING CHAIR, ¼ TURN W/ HIP ROLL
1 2 Rock R fwd (1), Recover weight onto L (2)
3 4 Rock R back (3), Recover weight onto L (4)
5 6 Hip roll while stepping R fwd (5), Turn ⅛ left on L (6)
7 8 Hip roll while stepping R fwd (7), Turn ⅛ left on L(8)

STOMP SIDE BEHIND-SIDE-CROSS X2 (R-L)
1 2 Stomp R to right (1), Hold and take weight onto L (2)
3&4 Step R behind (3), Step L side (&), Step R across (4)
5 6 Stomp L to left (5), Hold and take weight onto R (6)
7&8 Step L behind (7), Step R side (&), Step L across (8)

R ROCKING CHAIR, 4 STAMP ¼ TURN LEFT
1 2 Rock R fwd (1), Recover weight onto L (2)
3 4 Rock R back (3), Recover weight onto L (4)
5 6 Turn 1/16 left as you stamp R diagonally right (5), Turn 1/16 left as you stamp R diagonally right (6)
7 8 Turn 1/16 left as you stamp R diagonally right (7), Turn 1/16 left as you stamp R diagonally right (8)

>> Begin Again

For questions or more dances find me on Facebook @EvanVChoreography

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