Heel, Toe, Rodeo

Count: 32 **Wall:** 4 **Level:** Improver

Choreographer: Gary O'Reilly (IRE) - November 2024

Music: Cowboy Up - Kaylee Bell : (iTunes, Amazon & Spotify)

#8 count intro

Section 1: STOMP, HEEL & TOE & HEEL & FWD ROCK, TRIPLE FULL TURN

1	Stomp forward on R (1)
2 & 3	Tap L heel forward (2), step L next to R (&), touch R next to L (3)
& 4 &	Step R next to L (&), tap L heel forward (4), step L next to R (&)
5 6	Rock forward on R (5), recover on L (6)
7 & 8	½ R stepping forward on R (7), step L next to R (&), ½ R stepping forward on R (8) (12:00)

Section 2: FWD ROCK, ½, ½, COASTER STEP, KICK BALL STEP

1 2	Rock forward on L (1), recover on R (2)
3 4	½ L stepping forward on L (3), ½ L stepping back on R (4) (12:00)
5 & 6	Step back on L (5), step R next to L (&), step forward on L (6)
7 & 8	Kick R forward (7), step R next to L (&), step forward on L (8)

Section 3: POINT & POINT & POINT HITCH POINT, R SAILOR, L SAILOR ¼

1&2&	Point R to R side (1), step R next to L (&), point L to L side (2), step L next to R (&)
3 & 4	Point R to R side (3), hitch R knee in towards L (&), point R to R side (4)
5 & 6	Cross R behind L (5), step L to L side (&), step R to R side (6)
7 & 8	Cross L behind R (7), step R next to L (&), ¼ L stepping forward on L (8) (9:00) *Restart Wall 4

Section 4: WALK, ½, COASTER STEP, WALK, ½, COASTER STEP

1 2	Walk forward on R (1), ½ R stepping back on L (2) (3:00)
3 & 4	Step back on R (3), step L next to R (&), step forward on R (4)
5 6	Walk forward on L (5), ½ L stepping back on R (6) (9:00)
7 & 8	Step back on L (7), step R next to L (&), step forward on L (8)

***RESTART: After 24 counts of Wall 4 facing (12:00), restart dance from the beginning.**

ENDING: Dance 8 counts of Wall 10, finish the dance facing (12:00) by adding a ¼ turn R stepping L to L side to finish (12:00).

Contact:
Gary O'Reilly: oreillygaryone@gmail.com - 00353857819808
https://www.facebook.com/gary.reilly.104
www.thelifeoreillydance.com

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