Big Energy

Count: 32 **Wall:** 4 **Level:** Intermediate

Choreographer: Scott Blevins (USA) & Tim Johnson (UK) - September 2022

Music: Big Energy (Remix) (feat. DJ Khaled) - Latto & Mariah Carey : (Clean version)

***Restart after count 16 occurring on rotation 7**

#32 count intro

[1-8] WALK, WALK, ¼ BALL CROSS, ¼ FORWAD, ¼ DRAG, BALL CROSS & CROSS

1-2	1) Step R forward; 2) Step L forward
&3-4	(&) Turn ¼ left stepping ball of R slightly back [9:00]; 3) Step L across R; 4) Turn ¼ right stepping R forward [12:00]
5-6	5) Turn ¼ right taking big step L to left [3:00]; 6) Drag R toward L
&7&8	(&) Step ball of R slightly back; 7) Step L across R; &) Step ball of R to right; 8) Step L across R

[9-16] POINT, ½ CLOSE, SIDE ROCK, RECOVER, CROSS, ¼ HIP CIRCLE, BUMP, COASTER

1-2	1) Point R to right; 2) Turn ½ right on the spot stepping R beside L [9:00]
3&4	3) Rock L to left; &) Recover to R; 4) Step L across R
5-6	5) Step R to right circling hips anti-clockwise making ¼ turn left [6:00]; 6) Touch L forward bumping L hip forward
7&8	7) Step L back; &) Step R beside L; 8) Step L forward

***(Restart here in rotation 7 facing original 12 o'clock wall)**

[17-24] BUMP AND BUMP 2X, STEP, ½ PIVOT, ¼ SIDE TOGETHER, KNEE POP

1&2	1) Touch R forward bumping hips right; &) Return hips to center; 2) Step R forward bumping hips right
3&4	3) Touch L forward bumping hips left; &) Return hips to center; 4) Step L forward bumping hips left
5-6	5) Step R forward; 6) Turn ½ left taking weight on L [12:00]
&7&8	(&) Turn ¼ left stepping R to right [9:00]; 7) Step L beside R; &) Pop both knees forward; 8) Return knees to center

[25-32] CROSS, SIDE, ½ SAILOR, ¼ FORWARD, ¼ BACK, BOOGIE COASTER

1-2	1) Step R across L; 2) Step L left
3&4	3) Step ball of R behind L; &) Turn ¼ right stepping L back; 4) Turn ¼ right stepping R across L [3:00]
5-6	5) Turn ¼ left stepping L forward; 6) Turn ¼ left stepping R back [9:00]
7&8	7) Step L back pushing hips left; &) Step R beside L pushing hips right; 8) Step L forward pushing hips left

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