

# Woman Amen



Count: 64

Wall: 4

Level: Improver +

Choreographer: Rob Fowler – January 2018

Music: Woman, Amen by Dierks Bentley



Intro: 32 (approx. 16 secs) – BPM: 120 (approx.)

**S1: Rock Fwd, Recover & Heel, Hold, & Rock, Recover, ¾ Shuffle Turn**

1,2& Rock fwd R, Recover on L, Step R next to L  
 3,4& Touch L heel fwd, Hold, Step L next to R  
 5,6 Rock forward R, Recover on L  
 7&8 Make a ¾ turn R shuffling R,L,R (9 o'clock)

**S2: Side Rock, Recover, Heel Jack, Cross, Side, Behind Side Cross**

1,2 Rock L to L side, Recover on R  
 3&4& Cross L over R, Step R to R side, Touch L heel to L side, Step L next to R  
 5,6 Cross R over L, Step L to L side  
 7&8 Step R behind L, Step L to L side, Cross R over L (9 o'clock)

**RESTART On wall 2, S2: Change Counts 7&8 to 7,8 Step R Behind L, Step L to L Side, RESTART(facing 6 o'clock)****S3: Side Rock, Recover, Cross Shuffle, ½ Hinge Turn, Cross Shuffle**

1,2 Rock L to L side, Recover on R  
 3&4 Cross L over R, Step R to R side, Cross L over R  
 5,6 Step R to R side, Make a ½ Hinge Turn L stepping L to L side  
 7&8 Cross R over L, Step L to L side, Cross R over L (3 o'clock)

**S4: Side Rock, Recover, Behind Side Cross, 2 x ½ Pivot Turns**

1,2 Rock L to L side, Recover on R  
 3&4 Step L behind R, Step R to R side, Cross L over R  
 5,6 Step fwd R, make ½ pivot turn L  
 7,8 Step fwd R, make ½ pivot turn L (3 o'clock)

**S5: Switch Steps, L Sailor Step, R Sailor Step**

1&2& Point R to R side, Step R next to L, Touch L heel fwd, Step L next to R  
 3&4 Touch R heel fwd, Step R next to L, Point L to L side  
 5&6 Cross step L behind R, step R to R side, step L to L side  
 7&8 Cross step R behind L, step L to L side, step R to R side (3 o'clock)

**S6: Rock Fwd, Recover, ½ Turn Shuffle x 2, L Coaster Step**

1,2 Rock forward L, Recover on R  
 3&4 Make a ½ turn L shuffling L,R,L (9 o'clock)  
 5&6 Make a ½ turn L shuffling R,L,R (3 o'clock)  
 7&8 Step back L, Step R next to L, Step fwd L (3 o'clock)

**S7: Cross, Side Rock, Recover, Cross Point, Cross, Side Rock, Recover, Cross Point**

1&2 Cross R over L, Rock L to L side, Recover to R  
 3,4 Cross L over R, Point R to R side  
 5&6 Cross R over L, Rock L to L side, Recover to R  
 7,8 Cross L over R, Point R to R side (3 o'clock)

**S8: Rock Fwd, Recover, ½ Turn Shuffle, 2 x ½ Turns, Shuffle Fwd**

1,2 Rock forward R, Recover on L  
 3&4 Make a ½ turn R shuffling R,L,R  
 5,6 Make a ½ Turn R stepping back L, Make ½ turn R stepping fwd R  
 7&8 Step fwd L, Step R next to L, Step fwd L (9 o'clock)

**Start Over****Last Update - 25th Jan. 2018**